**COVID-19: Taking Action—How You Can Help**

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### COVID-19: Taking Action—How You Can Help

**Patients, civic leaders benefit from tumor-care model**

- **Give blood or plasma**
  - The Stanford Blood Center urges those who are healthy, and who haven’t been in contact with someone who has COVID-19 to help us by completing this one-time COVID-19 Vaccine Views Survey.

- **Improve vaccination awareness**
  - Stanford researchers are working to understand the diverse views regarding COVID-19 vaccination. We encourage you to share this survey with friends and family.

- **Participate in COVID-19 research**
  - In a study led by Stanford researchers, more than 1,000 patients have been enrolled in a COVID-19 registry that will track patients longitudinally for up to four years. Learn more >

**Better mental health found among transgender people who started hormones as teens**

- **Save the health questions for your doctor, not voice assistants**
  - Alexa, Siri, Google Assistant have a long way to go before they get better at diagnosing and treating conditions that are serious or life-threatening. Save the health questions for your doctor, not voice assistants.

- **Setting children and teens up with the latest treatment devices shortly after a diagnosis improves health outcomes**
  - Kids fare better with early use of diabetes technology.

### Fastest DNA sequencing technique helps undiagnosed patients find answers in mere hours

- **Find a study you are eligible for a study, researchers may contact you to provide additional details on how to participate.**
  - Our Research Registry connects people like you with teams conducting research to make advances in health care. If you are interested in participating in a study or learning more about studies, visit stanfordmedicine.org/studyfind.