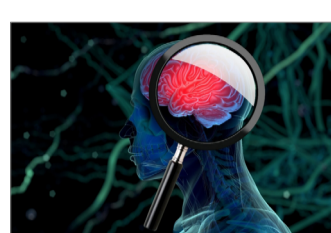
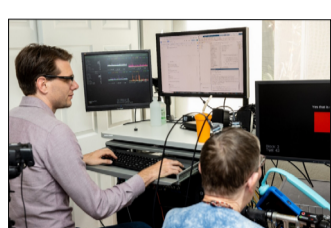


Stanford Medicine in the News



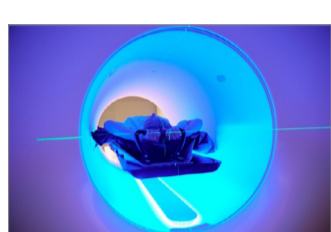
Stanford Medicine-led study finds genetic factor fends off Alzheimer's and Parkinson's

A massive study of medical and genetic data shows that people with a particular version of a gene involved in immune response had a lower risk of Alzheimer's and Parkinson's disease. [Learn more >](#)



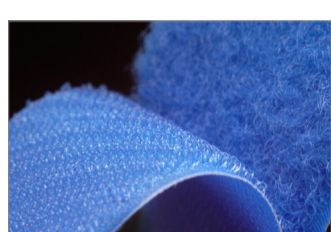
Brain implants, software guide speech-disabled person's intended words to computer screen

Our brains remember how to formulate words even if the muscles responsible for saying them out loud are incapacitated. A brain-computer hookup is making the dream of restoring speech a reality. [Learn more >](#)



Stanford Medicine first to try out novel tumor-targeting radiation therapy machine

New technology combines radiotherapy with real-time detection of cancer cells to target moving tumors or multiple metastases. Stanford Medicine is the first to research the technology in the clinic. [Learn more >](#)



Scientists identify 'Velcro-like' molecule to potentially treat ALS

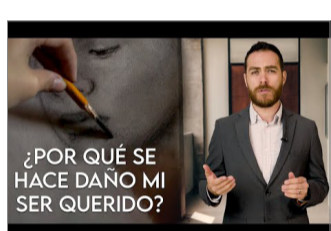
A drug created by Stanford Medicine scientists aimed at a Velcro-like protein reduces ALS symptoms and improves survival in mice. [Learn more >](#)



Leaders discuss AI, equity, aging, and cancer at first Big Ideas in Medicine conference

Physicians, researchers, and other pacesetters describe some of the most promising pursuits in the medical field. In cancer, for instance: 'Let's kill the first cell, not the last cell.' [Learn more >](#)

Health Care Spotlight



La Clínica Latina offers culturally informed, evidence-based mental health services

The Department of Psychiatry and Behavioral Sciences at Stanford Medicine provides mental health services to individuals ages 18+ who identify as first-, second-, or third-generation (and up) Latino or Hispanic in the language of their choice. [Learn more >](#)

On-Demand Events

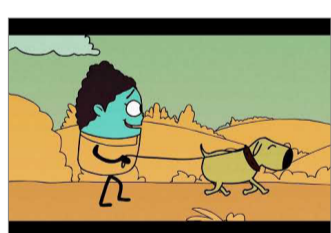


Frontiers in Medicine: Gamechangers videos now online

Frontiers in Medicine 2023 took place at Stanford University's Bing Concert Hall to celebrate the gamechangers of medicine—the bold thinkers, dreamers, and doers of today and tomorrow who are catalyzing discovery to forever change the course of human health.

Watch renowned experts and rising stars from across Stanford, including Lloyd Minor, MD, dean of the Stanford University School of Medicine and vice president for medical affairs at Stanford University, and Stanford Health Care President and CEO David Entwistle, and get an inside look into the dramatic breakthroughs taking place in labs and clinics throughout Stanford. [Watch the videos >](#)

Taking Care of Yourself and Others



Human being: Handle with care

Feeling stressed? You're not alone. Rates of anxiety, depression, and burnout have soared in recent years. Look after yourself by getting enough sleep, eating sensibly, staying active, and remembering to breathe mindfully. To learn more about a breathing technique called cyclic sighing, watch this short animated video directed by Maya Adam, MD. [Watch the video >](#)



What's the deali-O with these new weight-loss drugs? A two-part series

We've all heard a lot in the news recently about semaglutide, the active ingredient in the diabetes drug Ozempic and its sister weight-loss drug, Wegovy. But what's the actual difference? Or is there one? And how do you parse the whirlwind of information (and misinformation)? Our Stanford Medicine experts are here to help. [Learn more >](#)

Taking Action—How You Can Help

We appreciate our community's support in so many areas, including our ongoing work related to the pandemic. There are various ways you can continue to help in areas of critical need, from blood and plasma donations to improving vaccination awareness.

• Help with urgently needed blood donations

The Stanford Blood Center encourages those who are healthy, and who haven't been in contact with someone who has COVID-19, to make urgently needed donations of blood, platelets, or plasma. [Learn more >](#)

• Advance vaccine awareness

Stanford researchers are working to understand the diverse views regarding COVID-19 vaccination. We encourage you to help us by completing this one-time [COVID-19 Vaccine Views Survey](#).

• Register to be an organ or tissue donor

More than 20,000 Californians are on the organ transplant waiting list, but you can help shorten their wait. Learn about different types of organ and tissue donations, important donation facts, and the communities where donor shortages are most critical. [Learn more >](#)

• Participate in COVID-19 research

Our Research Registry connects people like you with teams conducting research to make advances in health care. If you are eligible for a study, researchers may contact you to provide additional details on how to participate. [Learn more >](#)

To subscribe to this newsletter via email, please [click here](#).

If you'd prefer to not receive fundraising communications from Medical Center Development, please leave a detailed message at 844.427.3491 or visit medicalgiving.stanford.edu/opt-out.html.